



Curriculum Vitae

Dr Haris Karnezi

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Professional Qualifications

- **(2008)** PhD, School of Psychology, Trinity College Dublin, Ireland
Thesis: A novel intervention designed to address the needs of high-functioning children with autism, based on the principles of Drama in Education, Cognitive and Behavioural theories.
- **(1995)** MA in Drama in Education, University of Central England in Birmingham, UK
Thesis: Enabling Emotional Involvement in Classroom Drama.
- **(1992)** BA in Acting, The Athens School of Dramatic Art, Athens, Greece.

Honours, Awards & Grants

- **2007 - 08** One-Year Postgraduate Research Award, Trinity College, Dublin.
- **2004 - 07** Three-Year Research Studentship, Trinity College Dublin, Ireland.
- **2006** Research funding from the Irish National Council for Special Education.

Professional Experience

Seminars/Workshops

- **2011 - 2026 Cognitive Behaviour Drama Centre, Athens, Greece (Founder/Director)**
 - CBD classes for children and adolescents
 - CBD training courses for professionals
 - Supervising mental health professionals
- **2023 The Athens Concert Hall, CBD Masterclass / Interactive Performance “ELISA”** for parents and mental health professionals (Introduction by Prof. Tony Attwood)
- **2023 Art 63 Theatre / Art Space | Athens, CBD Masterclass / Interactive Performance “ELISA”** for parents and mental health professionals.
- **2022 Hellenic Association of Buenos Aires, Argentina** CBD introductory seminar

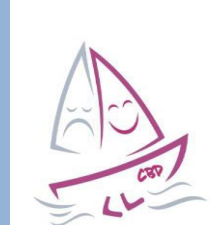


- **2016 The Onassis Cultural Centre, Athens, Greece** Designed and implemented a series of interactive storytelling performances for parents and children, inspired by the following acclaimed picture books:

- *Where the Wild Things Are* by Maurice Sendak
- *Wolves in the Walls* by Neil Gaiman and Dave McKean
- *Heart & Bottle* by Oliver Jeffers

These performances used immersive drama techniques to engage families in shared emotional and imaginative experiences, fostering communication and creative expression.

- **2015 (April) New York University (NYU) USA**
Introductory Workshop on CBD to dramatherapy graduate students.
- **2013 (July) Trinity College Dublin, School of Psychology, Ireland**
Intensive CBD Workshop for professionals in the field of autism.
- **2011 (May) Asperger Centre for Education and Training, New York, USA**
Intensive CBD Workshop for professionals in the field of autism.
- **2011 (May) Adelphi University, Long Island, NY**
Intensive CBD Workshop for professionals in the field of autism.
- **2010 Western Autistic School, Melbourne, Australia**
 - Cognitive Behaviour Drama seminars for professionals in the field of autism (speech therapists, occupational therapists, psychologists, and Special Education Teachers)
 - Cognitive Behaviour Drama classes for children with Asperger Syndrome (aged 10-12 years old)
- **2009 St. Declan's Special Needs School, Dublin, Ireland**
Drama in Education programmes specifically designed to help high-functioning children with autism and Asperger's syndrome (aged 6-10 years) develop social and communication skills, as well as addressing individualized objectives.
- **2008-09 Trinity College Dublin, School of Psychology**
Doctoral program in Clinical Psychology; Series of workshops on structuring pretend play to develop social and communication skills in children on the autism spectrum.



- **2004-08 Rainbow Drama School, Dublin, Ireland**

Drama in Education workshops for children aged 5 to 12 years old. The drama programme explored social issues like drug abuse, racism, and bullying.

- **2006-07 Trinity College Dublin, School of Psychology**

Doctoral program in Clinical Psychology (Interactive Seminars/Drama)

The sessions were devised to offer students the opportunity to practice their interviewing skills in the safe environment of the make-believe.

- **2004-06 Trinity College Dublin, School of Education**

Senior Sophister (honours) in Education Course (lecturing and thesis supervision)

The course introduced Drama in Education as an alternative method to teaching all subjects, including arithmetic, literacy, history, geography, and physical education.

- **2003-04 Faliron Primary School, Athens, Greece**

Drama in Education workshops for children aged 6 to 12 years old, focusing on enabling children to understand and respect cultural diversity.

- **2001-02 Messologi Primary School, Greece**

Drama Workshops for children from 6 to 12 years old, exploring issues like consumer education through drama.

- **1997-98 Newman University College, School of Education, Birmingham, UK**

Bachelor in Education Course; duties included lecturing, devising, and directing a public performance for third-year students.

Publications/Research Presentations

- **Karnezi, H., & Tierney, K. (2022).** Use of the Cognitive Behavior Drama model to treat specific phobias in high-functioning children with autism: A case study. *Practice Innovations*, 7(2), 1-15.

□ **Karnezi, H., & Tierney, K. (2015).** *Cognitive Behaviour Drama: An Inclusive Pedagogy. Game Changer*. International Drama Australia & Drama New Zealand Conference, Sydney.

□ **Karnezi, H., & Tierney, K. (2014).** *Cognitive Behavior Drama: An Innovative Intervention Model that Combines Established Psychological Methods with the Art Form of Drama to Provide Young Children on the Autism Spectrum with the Motivation and Confidence to Overcome Their Fears*. *Advances in Research*, 2(7), 393–408.



□ **Karnezi, H., & Tierney, K. (2013).**

Making Sense of the World Through Dramatic Metaphor.

YAI 34th Annual International Conference on Intellectual and Developmental Disabilities, New York.

□ **Karnezi, H., & Tierney, K. (2011).**

Cognitive Behaviour Drama: A New Intervention Model Designed to Improve Social Functioning in Children with Asperger Syndrome.

International Meeting for Autism Research (IMFAR), San Diego, California.

□ **Karnezi, H., & Tierney, K. (2011).**

Cognitive Behaviour Drama: A Novel Intervention Model Designed to Address Fears in Children with Asperger Syndrome.

International Meeting for Autism Research (IMFAR), San Diego, California.

□ **Karnezi, H., & Tierney, K. (2011).**

An Introduction to the Cognitive Behaviour Drama Model as a Method to Address the Social and Communication Challenges Encountered by Children on the Higher End of the Autism Spectrum.

3rd World Congress of Autism, Monterrey, Mexico.

□ **Karnezi, H., & Tierney, K. (2011).**

Cognitive Behaviour Drama: A Novel Intervention Model Designed to Address Fears in High Functioning Children with Autism.

3rd World Congress of Autism, Monterrey, Mexico.

□ **Karnezi, H., & Tierney, K. (2010).**

A Novel Intervention to Address Fears in Children with Asperger Syndrome: A Pilot Study of the Cognitive Behaviour Drama (CBD) Model.

Behaviour Change, 26(4), 271–282.

□ **Karnezi, H., & Tierney, K. (2009).**

Drama for Children with Asperger Syndrome: Introduction to the Cognitive Behaviour Drama Model, Methods and Research Findings.

8th Autism Spectrum Disorder Research Forum, Melbourne, Australia.

□ **Karnezi, H., & Tierney, K. (2009).**

Cognitive Behaviour Drama as a Method to Address Fears in High Functioning Children with Autism and Asperger Syndrome.

8th Autism Spectrum Disorder Research Forum, Melbourne, Australia.

Research Projects

- **2006 - 08** Evaluation of the effectiveness of a specific pretend play model to improve social and communication skills and reduce behavior difficulties in high-functioning children with autism (aged 6 to 7 years) in a special education school.



- **2006-08** Evaluated the effectiveness of the above model in a group of young adolescents from a special unit for children on the autism spectrum in a mainstream school (aged 12 to 13 years).
 - **2007** Evaluated a specific type of pretend play to alter the reinforcing value of neutral stimuli.
 - **2005-07** Developed, implemented, and evaluated an intervention model based on the incorporation of behavior and cognitive techniques into the art form of drama to alleviate phobias in high-functioning children with autism.
 - **2004-06** Pilot study to test the effectiveness of Drama in Education in developing social and communication skills in children diagnosed with Asperger's syndrome (40 children aged 6 to 18 years).
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Performing

- **2008** The Trail of Trees (storytelling), Festival of World Cultures, Dun Laoghaire, Ireland.
 - **2002** Tales from Samos, L. Vardaros, Tettiges Theatre, Athens.
 - **2001** Fiakas, D. Misitzi, Tettiges Theatre, Athens.
 - **2000** The Caucasian Chalk Circle, B. Brecht, Municipality Theatre of Agrinio, Greece.
 - **2000** Natalia Mela, L. Komninos, T.V Documentary.
 - **1999** The Little Prince, A.S. Exupéry, Municipality Theatre of Serres, Greece.
 - **1998** Leprendis, L. Hourmouzis, Municipality Theatre of Agrinio, Greece.
 - **1996-97** The Little Prince, A.S. Exupéry, Municipality Theatre of Agrinio, Greece.
 - **1996** The Good Person of Setzuan, B. Brecht, Municipality Theatre of Agrinio, Greece.
 - **1995-96** Petaloudosavros, E. Trivizas, Municipality Theatre of Agrinio, Greece.
 - **1995** Ifigenia en Avlidi, Evripidis, Municipality Theatre of Lamia, Greece.
 - **1994** Anastasia, M. Papaekonomou, TV series, Mega Channel, Greece.
 - **1993** The Children of Dreams, P. Glykofridis, Feature Film.
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Management

Arts Coordinator

2001–2004 – British Council, Athens, Greece



- Managed and coordinated a wide range of arts and educational projects, fostering cross-cultural collaboration and creative exchange.
 - Led major initiatives in partnership with institutions such as the Kalamata International Dance Festival, the Athens Concert Hall, and the National School of Dance.
 - Produced and oversaw the creation of the *Video Dance* DVD, highlighting contemporary dance and visual media.
 - Directed event promotion strategies, including media liaison, press release writing, publicity campaigns, and participation in press conferences.
 - Served as editor of the British Council's official *Programme of Events*.
 - Oversaw budget planning, financial reporting, and resource allocation for arts initiatives.
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Languages

- **Greek** – Native speaker
 - **English** – Proficient (Cambridge Certificate of Proficiency)
 - **Spanish** – Very fluent
 - **French** – Advanced (Diplôme d'Étude Supérieure, French Institute, Athens)
 - **German** – Basic (Zertifikat Grundstufe, Goethe Institute, Athens)
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Memberships of Professional Institutions

- **1995 – Present:** Member, SEI (Greek Actors' Union)
- **2002 – 2004:** Elected Committee Member, British Council Greece Association
- **2008 – Present:** Member, ATRAN (Applied Theatre Autism Research)]