

## Curriculum Vitae

Dr Haris Karnezi

Email: [karnezih@tcd.ie](mailto:karnezih@tcd.ie)

Phones: +30 6944 171522

[www.cbdmethod.com](http://www.cbdmethod.com)

### Professional Qualifications

(2008) PhD School of Psychology, Trinity College Dublin, Ireland.

Thesis: A novel intervention designed to address the needs of high-functioning children with autism, based on the principles of Drama in Education, Cognitive and Behavioural theories.

(1995) MA Drama in Education, University of Central England in Birmingham, UK. Thesis: Enabling Emotional Involvement in Classroom Drama.

(1992) BA in Acting, The Athens School of Dramatic Art, Athens, Greece.

### Honours, Awards & Grants

2009 Woman of the Year Award, Greece (science category)

2007 - 08 One -Year Postgraduate Research Award, Trinity College, Dublin.

2004 - 07 Three -Year Research Studentship, Trinity College Dublin, Ireland.

2006 Research funding from the Irish National Council for Special Education.

### Professional Experience

#### Seminars/ Workshop & other projects

2011 - now Cognitive Behaviour Drama Centre, Athens, Greece (Founder /Director).

- CBD classes for children and adolescents
- CBD training courses for professionals
- Supervisions

2016 The Onassis Cultural Centre, Athens, Greece

Designed and implemented a series of interactive fairy-tales for parents and children based on three fairy-tales:

- Where the Wild things are, by Maurice Sendak
- Wolves in the walls, by Neil Gaiman and Dave McKean
- Heart & Bottle, by Oliver Jeffers

2015 (April) New York University (NYU)

Introductory Workshop on CBD to drama therapy graduate students.

2013 (July) Trinity College Dublin, School of psychology, Ireland.

Intensive CBD Workshop for professionals in the field of autism.

2011 (May) Asperger Centre for Education and Training, New York, USA.

Intensive CBD Workshop for professionals in the field of autism,

2011 (May) Adelphi University, Long Island, NY.

Intensive CBD Workshop for professionals in the field of autism.

2010 Western Autistic School, Melbourne, Australia

- Cognitive Behaviour Drama Seminars for Professionals in the field of autism (speech therapists, occupational therapists, psychologists and special needs teachers).
- Cognitive Behaviour Drama classes for children with Asperger Syndrome (aged 10-12 years old).

2009 St. Declan's Special Needs School, Dublin, Ireland. Drama in Education programmes specifically designed to help high functioning children with autism and Asperger's syndrome (aged 6-10 years) develop social and communication skills, as well as addressing individualised objectives of the participants.

2008 -09 Trinity College Dublin, School of Psychology. Doctoral programme in Clinical Psychology Series of workshops on structuring pretend play to develop social and communication skills in children on the autism spectrum.

2004 - 08 Rainbow Drama School, Dublin, Ireland. Drama in Education workshops for children aged 5 to 12 years old The drama programme was devised to explore a number of social issues including drug abuse, racism, and bullying.

2006 - 07 Trinity College Dublin, School of Psychology. Doctoral programme in Clinical Psychology (Interactive Seminars/Drama) The sessions were devised to offer students the opportunity to practise their interviewing skills in the safe environment of the make-believe.

2004 - 06 Trinity College Dublin, School of Education. Senior Sophister (honors) in Education Course (lecturing and theses supervision) The course was an introduction to the Drama in Education approach as an alternative method to teaching all subjects of the curriculum, including arithmetic and literacy skills, history, geography, literature, physical and health education.

2003 - 04 Faliron Primary School, Athens, Greece. Drama in Education workshops for children aged 6 to 12 years old. The programme focused on enabling the children to understand and respect cultural diversity.

2001 - 02 Messologi Primary School, Greece. Drama Workshops for children from 6 to 12 years old. A number of issues were explored in the course of the programme, including consumer education through drama.

1997 - 98 Newman University College, Birmingham, School of Education. Bachelor in Education Course My duties included lecturing, devising and directing a public performance for the third year students.

## **Research Projects**

2006 - 08 An evaluation of the effectiveness of a specific pretend play model to improve social and communication skills and reduce behaviour difficulties in high functioning children with autism (aged 6 to 7 years) in a special education school.

2006 -08 The effectiveness of the above model was also evaluated in a group of young adolescents from a special unit for children on the autism spectrum in a mainstream school (aged 12 to 13 years).

2007 Evaluated a specific type of pretend play to alter the reinforcing value of neutral stimuli.

2005-07 Developing, implementing and evaluating an intervention model based on the incorporation of behaviour and cognitive techniques into art-form of drama to alleviate phobias in high functioning children with autism.

2004 - 06 A pilot study conducted to test the effectiveness of Drama in Education as a method of developing social and communications skills in children diagnosed with Asperger's syndrome. The programme involved 40 children aged 6 to 18 years old.

## **Performing**

(2016) Project «Love» Municipal theatre of Pireus, Greece.

(2008) The trail of trees (storytelling) Festival of World Cultures, Dun Laoghaire, Ireland.

(2002) Tales from Samos, L. Vardaros, Tettiges Theatre, Athens. (2001) Fiakas, D. Misitzi, Tettiges Theatre, Athens.

(2000) The Caucasian Chalk Circle, B.Brecht, Municipality Theatre of Agrinio, Greece.

(2000) Natalia Mela, L. Komninos, T.V Documentary. (1999) The Little Prince, A.S. Exupéry, Municipality Theatre of Serres, Greece.

(1998) Leprendis, L. Hourmouzis, Municipality Theatre of Agrinio, Greece.

(1996-97) The Little Prince, A.S. Exupéry, Municipality Theatre of Agrinio, Greece.

(1996) The Good Person of Setzuan, B.Brecht, Municipality Theatre of Agrinio, Greece.

(1995-96) Petaloudosavros, E. Trivizas, Municipality Theatre of Agrinio, Greece.

(1995 ) Ifigenia en Avlidi, Evripidis, Municipality Theatre of Lamia, Greece.

(1994) Anastasia, M. Papaekonomou TV series, Mega Channel, Greece.

(1993) The Children of Dreams, P.Glykofridis, Feature Film.

## **Management**

### *Arts Co-ordinator*

2001- 04 British Council, Athens, Greece.

- Organised British Council's art projects, including but not limited to educational projects, artistic collaborations, media events and presentations. Major projects include collaborations with the Kalamata International Dance Festival; the Athens Concert Hall; the National School of Dance; the production of the Video Dance DVD.
- Handled events promotion, including liaising with media outlets, writing press releases, organizing publicity, participating in press conferences.
- Editor of the British Council's Programme of Events. ☑ Budget management and financial control.

## **Publications / Research Presentations**

Karnezi, H., Tierney, K (2015) Cognitive Behaviour Drama: An Inclusive Pedagogy. Game Changer, International Drama Australia & Drama New Zealand Conference, Sydney.

Karnezi, H., Tierney, K (2014) Cognitive Behavior Drama: An Innovative Intervention Model that Combines Established Psychological Methods with the Art Form of Drama to Provide Young Children on the Autism Spectrum with the Motivation and Confidence to Overcome Their Fears. *Advance in Research*, 2 (7): 393 – 408

Karnezi, H., Tierney, K. (2013) Making sense of the world through dramatic metaphor. YAI 34th Annual International Conference on Intellectual and Developmental Disabilities, New York.

Karnezi, H., Tierney, K. (2011) Cognitive Behaviour Drama: A New Intervention Model Designed to Improve Social Functioning in Children with Asperger Syndrome. International Meeting for Autism Research (IMFAR), San Diego, California.

Karnezi, H., Tierney, K. (2011) Cognitive Behaviour Drama: A Novel Intervention Model Designed to Address Fears In Children with Asperger Syndrome. International Meeting for Autism Research (IMFAR), San Diego, California.

Karnezi, H., Tierney, K. (2011) An Introduction to the Cognitive Behaviour Drama Model as a Method to Address the Social and Communication Challenges Encountered by Children on the Higher End of the Autism Spectrum. 3rd World Congress of Autism, Monterrey, Mexico.

Karnezi, H., Tierney, K. (2011) Cognitive Behaviour Drama: A Novel Intervention Model Designed to Address Fears in High Functioning Children with Autism. 3rd World Congress of Autism, Monterrey, Mexico.

Karnezi, H., Tierney, K (2010) A novel intervention to address fears in children with Asperger Syndrome: a pilot study of the Cognitive Behaviour Drama (CBD) model. *Behaviour Change*, 26(4): 271-282.

Karnezi, H., Tierney, K. (2009) Drama for Children with Asperger Syndrome: Introduction to the Cognitive Behaviour Drama model, methods and research findings. 8th Autism Spectrum Disorder Research Forum, Melbourne, Australia.

Karnezi, H., Tierney, K. (November, 2009) Cognitive Behaviour Drama as a method to address fears in high functioning children with autism and Asperger Syndrome. 8th Autism Spectrum Disorder Research Forum, Melbourne, Australia.

Karnezi, H. & Tierney, K. (August 2009) An introduction to a Drama in Education model specifically designed to address the needs of high functioning children with autism. Asia Pacific Autism Conference (APAC), Sydney, Australia.

Karnezi, H. & Tierney, K. (August 2009) A novel intervention devised to address the needs of high-functioning children with autism, based on the principles of Drama in Education Cognitive and Behavioural theories. Asia Pacific Autism Conference (APAC), Sydney, Australia.

Karnezi, H. & Tierney, K. (August 2009) Drama as a method to address fears in high functioning children with autism. Asia Pacific Autism Conference (APAC), Sydney, Australia.

Karnezi, H. (February 2006). The relevance of Drama in Education to the needs of children with Asperger Syndrome. Research seminar series, presented at the School of Education, Trinity College Dublin.

Karnezi, H. (September 2005) Asperger Syndrome and Making Sense of the World through Drama. Presented at the European Pre-Conference on Educational Research (ECER) in Dublin.

Breannach, G., Karnezi, H. (September, 2005). An Exploration of the Use of Drama in Education in the Education of Young People with Asperger Syndrome. Presented at the European Conference on Educational Research (ECER), Dublin

### **Manuscripts in preparation**

Karnezi, H., & Tierney, K. Drama in Education, as curriculum for social skills in high functioning children with autism and Asperger's syndrome.

Karnezi, H., & Tierney, K. Drama as Motivating operations for adaptive behaviour.

Karnezi, H., & Tierney, K. An investigation of the effectiveness of a specific pretend play model as a method of developing theory of mind and social competence in high functioning children with autism.

### **Languages**

Greek: Native Speaker

English: Cambridge Certificate of Proficiency.

Spanish: Very Fluent French: Diplôme d'Étude Supérieure, French Institute, Athens.

German: Zertifikat Grundstufe, Goethe Institute, Athens.

**Memberships of Professional Institutions**

1995 – Presently SEI (Greek Actors' Union) Member

2002 – 2004 British Council Greece Association - Elected Member of the committee

2008 – Presently Atran Applied theatre autism research. Member